

Mary Hare School Menu



WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Full English* Scrambled Egg Cereals/Yoghurts	Croissant Pan au Chocolat Pancakes Porridge Cereals/Yoghurts	Full English* Fried Egg Cereals/Yoghurts	Croissant Pan au Chocolat Pancakes Porridge Cereals/Yoghurts	Full English* Boiled Egg Cereals/Yoghurts	Croissant Pan au Chocolat	Brunch Full English* Scrambled Egg Poached Egg Cerals/Yoghurts Croissant Pan au Chocolat Waffles Pancakes
Lunch	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Chef's buffet	
	Crumbled Beef Schnitzel	Shepard's Pie	Chinese BBQ Pork	Roast Beef with Yorkies	Battered Fish Battered Sausage		
	Chargrilled pork loin in creamy peppercorn sauce	Creamy lemon garlic chicken	Butter chicken	Roast chicken gravy	Market fish Cheese & ham turnover		
	Crumbed veggie schnitzel (v) Crumbed vegan schnitzel (ve)	Spinach Ricotta canneloni (v) (ve)	Coconut & squash dhansak (v) (ve)	Mushroom & butternut wellington (v) Mushroom & butternut in filo (ve)	Vegan meatballs with couscous (v) (ve)		
	Baked potato	Baked potato	Baked potato	Baked potato	Baked potato		
Lunch side dishes	Corn on the cob Sauté new potato Buttered peas Crispy onion rings Tomato chutney	Mash potato Roasted pumpkin Garlic bread Peas & carrots	Pilaf rice Sambals Buttered sweetcorn Sauté brocolli	Roast potatoes Cauliflower cheese Chantanay carrot Steamed greens	Mushy peas Buttered peas Baked beans Chips		
Lunch Dessert	Jam doughnuts Vegan alternative available	Vanilla cake with custard cream Vegan alternative available	lce cream Vegan alternative available	Rhubarb crumble Vegan alternative available	Homemade choc- chip cookies Vegan alternative available		

WEEK 2 continued

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner	Steak bites with garlic butter and fried onions	Mac & cheese with chorizo	Crumbed chicken goujons	Chargrilled minute steak	Beef burger with fried onions	Hot dogs with crispy onion rings	Chef's Buffet
	Falafel bite in garlic butter	Baked mac & cheese (v)	Beef lasagne	Buffalo chicken burger	Lemon & herb chicken burger	Pizza selection	
	Falafel with cucucumber sauce (v) (ve)	Vegan mac & cheese (ve)	Spinach lasagne (v) Vegan lasagne (ve)	Veggie nuggets (v) Vegan nuggets (ve)	Field mushroom burger (v) Miami chicken burger (ve)	Veggie Pizza (v) Vegan Pizza (ve)	
Dinner side dishes	Salad Assorted bread rolls Lemon couscous Five bean salad	Salad Assorted bread rolls Roasted veg with balsamic	Salad Assorted bread rolls Skinny fries Moroccan Hoummus	Salad Assorted bread rolls Chips Coleslaw Crispy fried onion	Salad Assorted bread rolls Sliced cheese Burger condiments Seasoned wedged	Salad bar Garlic dough balls Chips	

^{*} English breakfast: Grilled bacon, sausage, satué mushroom, grilled tomato, baked beans, fried bread, hash browns