



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Full English* Scrambled Egg Cereal/Yoghurts	Croissant Pan au Chocolat Pancakes Porridge Cereal/Yoghurts	Full English* Fried Egg Cereal/Yoghurts	Croissant Pan au Chocolat Cereal/Yoghurts	Full English* Boiled Egg Cereal/Yoghurts	Croissant Pan au Chocolat	
Lunch	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Chef's buffet	Brunch Full English* Scrambled Egg Poached Egg Cerals/Yoghurts Croissant Pan au Chocolat Waffles Pancakes
	Cape Malay style braised chicken curry	Beef Lasagne	Chicken Korma	Slow cooked Beef brisket	Battered Fish Battered Sausage		
	Lamb Tagine	Chicken Lasagne	Cottage Pie	Honey & Garlic Pork Chops	Market Fish Jumbo Fish Fingers		
	Chargrilled veg on lemon couscous (v) (ve)	Veggie lasagne (v) Vegan lasagne (ve)	Veggie Korma (v) (ve)	Chilli sweet potato with Harrisa & Onion (v) (ve)	Cajun spiced sweet potato roulade (v) (ve)		
	Baked potato	Baked potato	Baked potato	Baked potato	Baked potato		
Lunch side dishes	Dirty rice Coconut Sambal Nan bread Tomato chutney	Garlic bread Buttered peas Sweetcorn	Nan bread Sambals, chutney Coconut Pilaf rice	Roast potatoes Roast butternut Braised savoy cabbage Sauté green mix	Mushy peas Buttered peas Baked beans Chips Tatare sauce		
Lunch Dessert	Chocolate Eclairs <i>Vegan alternative available</i>	Apple crumble Vanilla custard <i>Vegan alternative available</i>	Flapjack topped with choc/crunch <i>Vegan alternative available</i>	Bread and butter pudding <i>Vegan alternative available</i>	Sticky toffee pudding <i>Vegan alternative available</i>		

WEEK 3

continued

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner	Chicken Schnitzel	Hot dogs and fried onion	Steak sandwich in Ciabatta Peppercorn sauce	Mexican pizza	Chicken Kiev and fried onions	Hot chicken wings	Chef's Buffet
	Beef burger	Chicken pilau	Pasta bar	Beef Taco Soft tortilla	Jumbo sausage roll	Prego Rolls Pizza	
	Miami Chicken burger (v) (ve)	Veggie Dog (v) Vegan Dog (ve)	Halloumi on toast (v) Vegan Halloumi (ve)	Deep fried Brie (v) Vegan nuggets (ve)	Quorn Kiev (v) Vegan meatball in tomato (ve)	Veggie Pizza (v) Vegan Pizza (ve)	
Dinner side dishes	Salad Sauté potato Sliced cheese Coleslaw Condiments for burgers	Salad Assorted bread rolls Baked beans Chips	Salad Assorted bread rolls Red pepper Hoummus Crispy fried onions	Salad Assorted bread rolls Onion rings Crispy herb potatoes Guacomole	Salad Assorted bread rolls New potatoes Steamed peas	Salad bar Garlic dough balls Seasoned wedges Sour cream	

* English breakfast: Grilled bacon, sausage, satué mushroom, grilled tomato, baked beans, fried bread, hash browns