

Mary Hare Primary Menu





	Monday	Tuesday	Wednesday	Thursday	Friday
Hot food options	Barbeque chicken Kebabs Plain chicken kebabs Veggie option Haddock fillets Noodles Corn-on-the-cob Jacket potatoes	Selection of pizza Veggie pizza Cod fillets Potato ridges Spaghetti hoops Jacket potatoes	Chicken korma Veggie korma Salmon fillets Rice Peas Poppadoms Onion bhajis Jacket potatoes	Roast pork with gravy Quorn fillets Veggie option Roast potatoes Carrots Broccoli Green beans	Fish fingers Chicken goujons Veggie option Chips Peas Baked beans Jacket potatoes
Cold food options available everyday	Salad bar (selection including: lettuce, spinach, cucumber, tomatoes, grapes, grated carrot, apple and celery, olives etc) Cold pasta Plain tuna Tuna mayonnaise Boiled eggs Plain chicken Grated cheese and feta cheese Sausage and bacon slices				
Dessert	Choice of daily hot/cold pudding, yoghurts, fruit, crackers and cheese				