

Mary Hare Primary Menu





	Monday	Tuesday	Wednesday	Thursday	Friday
Hot food options	Sausages Veggie sausages Cod fillet Mashed potato Baked beans Spaghetti hoops Jacket potatoes	Chicken pastry slice Steak pastry slice Veggie option Haddock fillets New potatoes Green beans Sweetcorn Jacket potatoes	Gammon steaks with tomato sauce Veggie option Salmon fillets Sauté potatoes Mixed green vegetables Jacket potatoes	Roast beef with gravy Quorn fillets Yorkshire puddings Roast potatoes Carrots Broccoli Cauliflower cheese	Chicken burgers Beef burgers Chips Baked beans Peas Jacket potatoes
Cold food options available everyday	Salad bar (selection including: lettuce, spinach, cucumber, tomatoes, grapes, grated carrot, apple and celery, olives etc) Cold pasta Plain tuna Tuna mayonnaise Boiled eggs Plain chicken Grated cheese and feta cheese Sausage and bacon slices				
Dessert	Choice of daily hot/cold pudding, yoghurts, fruit, crackers and cheese				